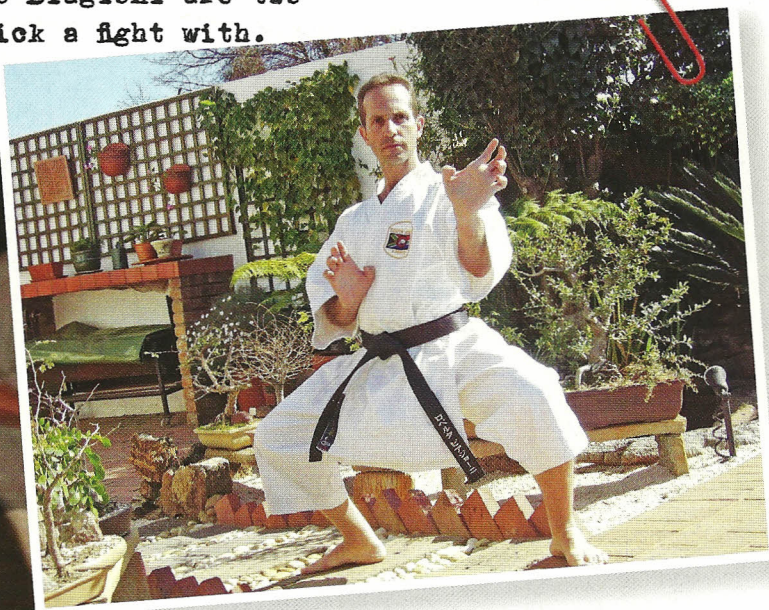


Stef Biagioni and son Silvio Biagioni are two people you do not want to pick a fight with.



Karate, a force to be reckoned with



The father...

Stef Biagioni started karate when he was 11 years old. He is now one of South Africa's top karate students in the style of Goju-Ryu which means "hard, gentle way". In 29 years he has travelled the world, was awarded his 6th Dan; has a successful Business; Received Protea Colours and won a World Champion. He is part of the Black belt and Dan National grading panel, as well as tournament director. To date Stef has competed in 25 international championships, specialising in Kata. He was selected as chairman of Eastern Gauteng Karate and is the Founder and Director of the Interschool All Style Karate Championship.

The son...

Silvio is 13 years old and is following in his father's footsteps. He has received his Junior Protea Colours twice, provincial colours (Eastern Gauteng Karate colours) 4 times, was awarded All-Style Champion of Karate South Africa in 2008 & 2010 and was awarded the honour of 2009 Commonwealth Karate Champion. When asked to share some

"WHAT YOU DO TODAY WON'T ALWAYS DETERMINE WHAT HAPPENS IN THE FUTURE"
- SILVIO BIAGIONI.

advice with future "winnas", this is what he had to say... "I think that the future is all about living for a purpose in life. It's about choice and not being hesitant about who you are and what you are. Life is about expecting the unexpected. There will always be significance in how you live your life, and the future unites people together. The future is about anonymous things just waiting for you to grab with determination and motive.

And the future is all about things yet to come. So live your life to the fullest and enjoy being young".

The Championship...

The 9th Interschool Karate championship was held on the 9th October 2010. With just over 500 competitors representing more than 100 schools, it is arguably one of the best run tournaments. The championship is also well represented in the three major styles of karate in the country such as Goju-Ryu, Shotokan and Shito-Ryu.

Well done to the top school St Stithians, second place Kriel and third place CBC Boksburg. ★

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